

# Empowering wheelchair users to reduce wheelchair related health problems

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## Screening tool for wheelchair users (and health professionals); see also poster 154

To gain insight in wheelchair-related (health) problems, functioning and possible solutions

How?:  
By filling out a smart screening tool



## Work in progress screening tool:

- Dutch version; >1000 patients (not only SCI)
- Also available in English
- Spanish (under construction)
- Which language is next ?

## Where are we looking for?:

International partners: rehab units  
patient organisations



## International goals:

- 1) More countries using tool in own language
- 2) Collaboration in research:  
- comparing between countries
- 3) Developing international website  
WHEELCHAIRCHECK.COM in all languages  
(under construction)

**What is optimal sitting and rolling?**  
The basic principles of proper sitting and rolling are explained. What do you need to know about your own body in relation to the wheelchair and usage requirements. This knowledge helps to determine the requirements for your wheelchair. Take a look at the videotips of the rolmodel.

**How suitable is your wheelchair?**  
Use the Checklists to prepare for a (new) wheelchair application: Do you know your needs and requirements for the wheelchair? Are your functional goals achievable with your wheelchair (set-up)? Is the wheelchair properly adjusted to your needs? Are you curious if sitting and rolling in your wheelchair is optimal?

## Personalised report (pdf can be downloaded): an example:

**Participating partners**

## Background; poster 153 Suboptimally fitting wheelchairs

Wheelchair-related (health) problems

**SIT RIGHT?**  
On the website [checkjezit.nl](http://checkjezit.nl) you can check whether you are sitting and driving properly in your wheelchair.

**Can you play comfortably from your wheelchair?**

**Check!**

Wheelchair Check is an initiative of **heliomare**. In association with **HandicapNL** (HEDEREN EERLIJKE KANSEN).



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